

Quincy Resources for Families and Individuals

Assistance, Advocacy, and Education
across Multiple Categories

Due to Covid-19, service delivery might look a little different, but all of these organizations remain committed to serving the community!

- Covid-19 Resources
- DOVE, Inc.
- Germantown Neighborhood Center
- Interfaith Social Services
- Quincy Asian Resources, Inc.
- Quincy Community Action Programs
- Step One Early Intervention Program

Covid-19 Resources

- School Nurse: QPS' school nurses can advise you on symptoms, protocol, and how to seek additional help
- School Principal: QPS' school principals are there to help if you have questions and concerns, and if your family is facing challenges or additional hardships due to Covid-19
- Guidance Counselor: QPS' Guidance Counselors can provide support for a variety of concerns and challenges
- Rita Bailey, QPS Coordinator of Health Services: You can reach out with any questions and concerns, (617) 984-8899
- Commissioner Ruth Jones, Quincy Health Department: For concerns and questions about testing, contact tracing, and the most up-to-date protocols, (617) 376-1272

DOVE, Inc.

- **24-Hour Crisis Hotline:** Isolation and domestic violence have increased during the Covid-19 pandemic; DOVE's 24-Hour Hotline is anonymous and ALWAYS answered by trained staff for immediate support and information on resources
 - Hotline: 617-471-1234 or 1-888-314-3683
- **Emergency Shelter:** Six-bedroom, gender-inclusive emergency shelter for victims fleeing domestic violence; DOVE Advocates use trauma-informed practices and assist with resources for life beyond shelter
 - 1-888-314-3683 and SAFELINK 1-877-785-2020
- **Community-Based Advocacy and Counseling:** All services are free and confidential
 - 617-770-4065 x 300 (leave a message)
- **Support Groups:** Multiple free and confidential support groups on a range of topics to meet the various needs of survivors happen throughout the year
 - 617-770-4065 x 300
- **LGBQ/T Services:** Offers identity-specific counseling services that affirm the unique challenges faced by LGBQ/T survivors of domestic violence
 - 617-770-4065 x 300
- **Chinese Advocacy Program:** Provides culturally and linguistically specific, client-centered, and trauma-informed support, with an understanding that cultural and linguistic barriers often impact a survivor's consideration to seek help and access services
 - 617-770-4065 x 304

Dove, Inc. (cont.)

- **Legal Advocacy Program:** DOVE's legal staff are specifically educated on domestic violence and applicable laws and provide trauma-informed, client-centered services
 - 617-770-4065 x 400 (leave a message)
- **Children's Services and Parenting Support:** Long-term therapeutic counseling for ages 2-18 and short-term parenting support to help navigate parenting challenges or concerns
 - 617-770-4065 x 320
- **Civilian Domestic Violence Advocacy:** Advocacy staff respond to domestic violence reports and increase access points for service through multiple police departments and the court system
 - 617-653-4226
- **Prevention and Education:**
 - YouthSpeak: DOVE's Healthy Relationship Education and Abuse Prevention Program educates students and young adults about dating and relationship issues while empower youth to become leaders and change-agents; available to middle and high schools at different levels of engagement
 - 617-770-4065 x 500
 - Community Education and Training: DOVE, Inc., offers trainings, workshops, and seminars to various stakeholders in the community to raise awareness and prevent domestic violence
 - 617-770-4065 x 500

Germantown Neighborhood Center

- Food Pantry, Family Garden and Cooking Classes for children and adults
 - Food Pantry: 617-376-1389
- After School Programs: Music, cooking, reading, swimming, homework assistance, Girl Scouts, and tutoring
- Teen Programs: Surrounding teens with peers and positive role models; Teen Nights; Basketball; Teen Success offers guidance on college and trade school applications as well as mentoring programs; summer camp opportunities
- Family and Community Programs: Family and community engagement activities, including events, outings, and day trips
- Women's Programs: Building self-respect, communication skills, and self-esteem to empower women; nurturing groups; and a casual and professional attire second-hand boutique
- Music Studio: Complete recording and performance studio
- Advocacy: Confidential advocacy, crisis intervention, on-site counseling, and referrals
- Holiday Assistance: Provides toys, meals, clothing, and Y program memberships
 - To request assistance: holiday@ssymca.org

ssymca.org/location/germantown-neighborhood-center/

(617) 376-1384

Interfaith Social Services

- Food assistance: The Food Pantry distributes food, diapers, feminine hygiene items, toiletries and pet food; seasonal programs include back-to-school backpacks, Halloween costumes, Thanksgiving meals, holiday gifts, and Bunny Baskets
 - 617-773-6203 x 19
- Counseling services: New Directions Counseling Center provides mental health counseling services on a sliding-fee pay scale
 - 617-773-6203 x 12
- Homelessness prevention: HomeSafe offers assistance with rent, utilities, budget counseling and medical expenses
 - 617-773-6203 x 16 (call at 9 a.m., limited intakes available per day)
- Thrift store: boutique-style thrift store funds programs and offers low-cost clothing and a Career Closet
 - 617-773-6203 x 32

www.interfaithsocialservices.org

(617) 773-6203

Quincy Asian Resources, Inc. (QARI)

- Serves ALL immigrants
- Translation assistance in multiple languages: Help with healthcare/insurance, housing, unemployment, childcare and more
- English classes (ESOL) and free citizenship classes
- Youth programs: ServiceCorps, Mentoring, TransitionUp, Scholarships, Higher Education Pathways, and MBTA Youth Passes
- Senior Services and Programs: Housing, Survival English, field trips, classes, and healthcare screenings
- Job Hub: Connecting clients and employers
- Lunar New Year and August Moon festivals
- Referrals to other community resources
- QARI Manufacturing: Focus on job creation; QARI has donated over 10K masks and gowns; QARI will make a charitable donation to local organizations for every PPE order placed
 - www.quincyasianresources.org/ppe-by-qari

Quincy Community Action Programs (QCAP)

- Childcare: Community Care, Head Start, resource help and vouchers for childcare
 - (617) 657-5305 (Community Care) and (617) 249-2000 (Head Start)
- Energy assistance: help with heat and utilities
 - (617) 657-5301 and (617) 657-5354 (for heating emergencies)
- Housing: rent/mortgage assistance and more
 - (617) 657-5376
- Food assistance: Southwest Community Food Center and SNAP/food stamp application assistance
 - (617) 471-0796
- English language assistance (ESOL) and adult education classes (ABE)
 - (617) 657-5386 (ESOL) and (617) 657-5387 (ABE)

www.qcap.org

(617) 479-8181

Step One Early Intervention

- Available to families of infants and toddlers with special needs, including developmental disabilities, developmental delays, and environmental or biological risk factors
- Team of professionals includes: developmental educators, speech pathologists, social workers, licensed mental health counselors, teaching assistants, nurses, and physical, occupational, and music therapists
- Collaborates on developmental assessments and individual family service plans
- Offers developmental and therapeutic interventions, as well as ongoing education and support for families
- Continues to provide services and support families during the pandemic via telehealth

<https://www.aspirehealthalliance.org/our-programs/for-children-families/early-intervention/>

1-800-852-2844